

THE CHAKRA HEALING REPORT FOR

Nicole Kidman

20 June 1967

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Honolulu, Hawaii

AbsoluteSoulSecrets.com

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Your birth chart interpretation is based on the positions of the planets at the time of your birth. For the benefit of students of astrology, these positions, along with other technical information, are listed below:

Positions of Planets at Birth:

Sun	29	Gem	00	Pluto	18	Vir	06
Moon	13	Sag	43	True Node	5	Tau	44
Mercury	20	Can	56	Asc.	6	Sco	20
Venus	14	Leo	23	MC	7	Leo	03
Mars	18	Lib	50	2nd cusp	5	Sag	33
Jupiter	5	Leo	10	3rd cusp	5	Cap	43
Saturn	11	Ari	29	5th cusp	8	Pis	55
Uranus	20	Vir	31	6th cusp	9	Ari	15
Neptune	22	Sco	03				

Tropical Placidus Standard time observed
GMT: 01:15:00 Time Zone: 10 hours West
Lat. and Long. of birth: 21 N 18 25 157 W 51 30

Aspects and orbs:

Conjunction:	7	Deg	00	Min
Opposition :	5	Deg	00	Min
Square :	5	Deg	00	Min
Trine :	5	Deg	00	Min
Sextile :	4	Deg	00	Min
Quincunx :	4	Deg	00	Min

Dear Friend,

This report is about how you can heal your mind and body by being aware of the latent energies in your aura and making the best, most spiritual use of them. Your aura is a field of energy that permeates and surrounds your physical body. It has seven special energy centers within it called chakras. Chakras are vortexes of energy, and they are the places in your aura where divine consciousness can come in and manifest in your physical body, especially if you are receptive to it and use your willpower to allow it to enter.

Your aura also has three channels where the divine energy flows within your aura, and in yoga, these are called the ida, pingala and sushumna. The ida carries the life energy in the left side of your body. The pingala carries it in the right side of your body. The sushumna, which is the most important, carries it in the middle of your spiritual column.

The chakras are the places where the ida, pingala, and sushumna meet together. There is so much energy in these places that the energy whorls around as divine creative potential waiting as an ever-present resource to be manifested into physical form, so that we can bring healing life-force into our daily lives.

To draw upon this infinite source of energy, we can use meditation, prayer, or affirmations. In this way, we transcend our everyday consciousness and become receptive to the healing power within us. There are specific affirmations that can be used to direct the healing force to particular areas of the body. These are contained in Louise Hay's book "Heal Your Body". Often these affirmations are sufficient to address a particular condition, but sometimes a more specific focus is needed to get the energy to come through. That is because we may have subconscious blocks to allowing the affirmation to work, and these have to be identified and dissolved. The blocks may be present because we have grown up in a culture that asserts mind-body duality, rather than mind-body unity. There may also be blocks because of individual karma from the past or individual lack of recognition of future possibilities. This is where astrology comes in - to identify any blocks you may have and to give you guidance as to how to dissolve them, so that you can become one with the Source and fulfill your divine purpose.

Louise Hay's book also links the physical conditions and affirmations with particular vertebrae in the spine. This is helpful because the sushumna is located in the middle of your spinal column, and using the most specific affirmation possible should bring the healing light to the part that needs healing. However, if there is a blockage at the unconscious level, it will manifest on the physical level in the form of a blockage in the energy of the physical spine. The tension from this will be observable, as one or more bones in the spine will be out of alignment and there will be various symptoms in the surrounding muscles, organs, or other parts of the body. This report then, is designed to give you insight into the nature of any such blockages that you may be likely to have as an individual. The report also suggests ways of dissolving them and getting your own healing energy flowing. It will still depend on your own willpower whether you choose to use these new insights and how, in order to better your own health.

This report neither diagnoses nor prescribes, but works on the subtler level of the astral aura, as described by astrology, to understand and potentially re-direct the energies before they manifest on the physical level, so that you may be in tune with the higher, spiritual purpose for which the energies are intended rather than have them manifest as any lack of vitality or health.

This report is dedicated to my chiropractor, Dr. John Bjarnason of Toronto, who has greatly assisted me in combining my astral knowledge of my aura with its unblocked, physical manifestation, so that I have been able to enjoy better health

Best Wishes, Lorna Houston Copyright 2005

Chapter 1: The Ascendant

Scorpio Rising:

Your outward expression of your Heart Chakra is likely to be in the form of willpower, intensity, and resourcefulness. Your partner is likely to provide a balance for that by being more cooperative, methodical, and practical.

Chapter 2: The Sun

Sun in Gemini:

As you are a communicator, Gemini rules the parts of the body which link you with the world - your shoulders, arms and hands. Gemini also rules the inhalation of air into your lungs. In fact, if you raise your arms in the air as you breathe in and lower them as you breathe out, you will find how much easier it is to inhale. That is because you are, in effect reaching out with your heart, and your lungs and arms are most closely linked to your Heart Chakra. You are reaching out to receive the messages of the world with optimism, and you are touching the world with love. You will keep healthy and happy as long as you remember the source of the messages you are giving and receiving - and the Source is infinite.

In order to maintain the vitality of your communication, make sure that the channels where the solar vitality comes into your system are kept unblocked - your Solar Plexus Chakra, your pancreas and in

particular, your eighth thoracic vertebra. Study also the ways to keep your heart and all of the vertebra in your spine healthy. Work on these areas anytime that you find that your inhaling or your reaching out with your arms is being done with any less enthusiasm, so that your channel of communication from the Source can be opened up again.

Sun in 8th house:

The Sun rules your Solar Plexus, and its house shows how you bring the energy of this chakra out into the world. Your Solar Plexus gives you self-confidence, and you approach everyday life with the belief of "I can." You apply this in your ability to do research and get to the bottom of things. You are also good at handling other people's money and assuring them that their affairs can be taken care of properly.

Chapter 3: The Moon

Moon in Sagittarius:

You can nurture yourself and others with your very positive, optimistic attitude. You can uplift those who may be blocked by their emotional problems, so that they can see the Divine Light and know that God is working in their lives. To maintain your own high level of inspiration, it is good for you to listen to inspiring lecturers, travel, meditate and do affirmations. It is very easy for you to reach a high state of consciousness, as long as you go to a little bit of effort to turn your attention to the wealth of positive thoughts which you have available to you. Keep your subconscious cleared of any misbelief which may have entered, so that you are emotionally free to be one with the Source.

Moon in 2nd house:

The Moon rules your Second or Spleen Chakra, and its house shows how you bring your emotions out into the everyday world. You can always tune into it and say, "I feel," because your emotions are a vital part of your being. Your emotions are likely to be expressed in the area of ensuring your security and comfort as well as that of your family, so you work towards having a stable, dependable home.

Moon Trine Venus:

You were born with a special talent for creating a pleasant, caring home. You are readily able to express your emotions and affection in a loving way, and your actions express your love of your family. Your Spleen and Heart Chakras are likely to be open the right amount, giving you good health and happiness.

Moon Trine Saturn:

You were born with a talent for being organized and dependable and for not letting your emotions interfere with your rational judgments. There is an easy flow of energy between your Root and Spleen Chakras, allowing your groundedness to be elevated to the level of stabilizing your emotions.

Moon Square Pluto:

It is a challenge for you to deal with your emotions on one hand and you need for intense experience on the other, but you have the positive willpower and inner strength to succeed. The Moon and Pluto are the co-rulers of your Spleen Chakra, and you are likely to be involved with issues of motherhood, sexuality, and life or death emotions. Affirm your ability to handle these experiences without losing your connection to your centre.

Chapter 4: Mercury

Mercury in Cancer:

It is important for you to communicate your feelings, as well as offer words of encouragement to others. Mercury rules your Throat Chakra and Cancer refers to your ability to care for and nurture others, so if you speak kindly to others they will feel loved and protected. You would have a special way with babies and young children. They would respond to the reassuring tone in your voice and calm down.

Mercury in 9th house:

Mercury co-rules your Throat Chakra, along with Neptune. Its house shows you the areas of life where you are likely to gain information and express your thoughts. It has to do with communication, and can be summarized in the words "I speak." You are likely to study and teach philosophical or religious subjects and to speak inspiringly.

Mercury Square Mars:

It is a challenge for you to communicate without sounding too aggressive, but with conscious willpower you are able to apply tact and diplomacy. Mercury rules your Throat Chakra of communication and Mars your Solar Plexus, so the key is to become more detached from your ego, so as not to be argumentative.

Mercury Sextile Uranus:

You have an unusually brilliant, inventive mind that you use to apply intuitive flashes of inspiration to scientific and practical problems. This is because of the easy flow of energy between your Throat Chakra and Crown Chakra. You are blessed with an ability to find answers to your questions by channeling your Higher Self.

Mercury Trine Neptune:

You have a special talent for combining the ability of your logical mind with your vivid imagination, and you could use this to do art by first visualizing what you would like to paint. You would also have creative ability as a writer or poet. Mercury and Neptune co-rule your Throat Chakra, and the favorable combination of the trine harmonizes your conscious mind with your subconscious.

Mercury Sextile Pluto:

You have a talent for studying things in depth and getting to the root causes of what you observe, like a thorough scientist or detective. You have an easy flow of energy between your Throat and Spleen Chakras, and this gives you the ability to speak and communicate with an intensity that moves others.

Chapter 5: Venus

Venus in Leo:

Venus rules your Heart Chakra and Leo rules your heart in your physical body. The key to nurturing your naturally very warm heart is to affirm that you are loved, that you are safe, and that you can stand tall with joy and self-acceptance. The Heart Chakra rules the thymus gland in your endocrine system, and for it to be healthy you need to visualize that you are loved throughout your life like the best-loved child.

Venus in 10th house:

Venus rules your Heart Chakra. Its house shows you the areas of life where you give and receive love and compassion. The key words for it are "I love." You tend to direct your social energies to employers and those in high positions, in the hope of being recognized. You could gain status as an artist.

Venus Trine Saturn:

You are very fortunate in your ability to maintain long-term relationships, which you do by being loyal and dependable. You have an easy flow of energy between your Heart Chakra and your Root Chakra. This enables you to express your artistic talent with careful, practical skill.

Chapter 6: Mars

Mars in Libra:

Mars rules your Solar Plexus Chakra and Libra is ruled by Venus, which rules the heart. You are able to take the inspiration of self confidence and vitality of your Solar Plexus and channel it to a higher plane of love and compassion. You would do this by first mastering how to give love to yourself, so as to have a high self-esteem. It would follow from this that you would then have respect and compassion for others, because you would recognize the best qualities of yourself mirrored in them.

Mars in 12th house:

Mars co-rules the Solar Plexus Chakra, along with the Sun. Its house shows you the areas of life where you express your initiative, desire, and physical action. The key words for it are "I can." You are likely to apply your drive towards work in an institution or retreat, helping the poor and disadvantaged, or creative work such as art, music or dance.

Chapter 7: Jupiter

Jupiter in Leo:

Jupiter rules your Third Eye and Leo rules artistic works, and therefore you might have a talent for creating inspired paintings. Your work would attract attention because it would probably use bright colors and special effects with light. You could also use your perceptiveness to teach children because you would understand their needs for both recreation and moral development.

Jupiter in 9th house:

Jupiter rules your Brow Chakra. Its house shows you the areas of life where you express your spiritual values, positive thinking, and prosperity. The key words for it are "I see." You may spread your high values as a lecturer, minister or yogic teacher. You have much positive energy and goodwill to inspire others.

Chapter 8: Saturn

Saturn in Aries:

Saturn rules your Root Chakra, which is where you get your inspiration to carry out your goals and become successful. Work first on releasing any past influences which have held you back from allowing your goals to be your very own. Get beyond the idea that it is selfish to be yourself. Set goals with which you really identify. Then your work to carry them out will be joyful.

Saturn in 6th house:

Saturn co-rules your Root Chakra, along with the Earth. Its house shows the areas of life where you express discipline, responsibility, and structure for your survival and grounding. The key words for it are "I have." You are very serious about your work and very meticulous about detail, especially concerning your own or others' health.

Chapter 9: Uranus

Uranus in Virgo:

Uranus rules your Crown Chakra, the source of your infinite potential for new ideas and knowledge. Virgo is also an indicator of the intellect, but in a more practical way. Uranus generates new ideas and Virgo organizes and remembers them. The result is that you have a special talent for coming up with inventions that can actually be used for the good of mankind.

Uranus in 11th house:

Uranus rules your Crown Chakra. Its house shows you the areas where you express your universal understanding, knowing and intuition. It also shows where you express your urge for freedom and individuality, and the types of friends you will choose and groups you will join. The key words for it are "I know." Since Uranus also rules the eleventh house, you are especially individualistic, innovative, and egalitarian. You are likely to join groups of people whose ideas are on the leading edge of new discovery in science, astrology, or social reform.

Uranus Sextile Neptune:

You have a special ability to bring in very high, mystical insights, so as to reach others with compassion and bring them closer to God. Uranus rules your Crown Chakra, through which you can receive unlimited, new ideas from the Source. Neptune rules your Crown Chakra and your subtler listening ability and compassion.

Uranus Conjunct Pluto:

Uranus rules your Crown Chakra and your highest consciousness and understanding. Pluto rules your Spleen Chakra and your emotions and sexuality. You are likely to combine the highest awareness of the mind with the highest level of transformation of the body to bring about radical changes in yourself and your environment. You are ready to regenerate and move ahead into the future.

Chapter 10: Neptune

Neptune in Scorpio:

Neptune rules your Throat Chakra and your ability to listen on the subtler level. Scorpio is capable of handling extremes. You are able to understand others in a very deep way. You could even help them handle grief by being sympathetic, and at the same time not being afraid of dealing with the intense topic of death. Your insights are very profound.

Neptune in 1st house:

Neptune co-rules your Throat Chakra, along with Mercury. Its house shows you the areas of life where you express your ability to listen and to reflect back creatively what you hear, especially when you are acting as a channel for a higher source. The key words for it are "I speak," but also "I listen." You are likely to use your psychic abilities in a very positive, constructive way, to uplift yourself and others. You are able to bring your mystical awareness into your body and physical expression.

Neptune Sextile Pluto:

Neptune rules the subtler listening ability of your Throat Chakra and Pluto the regenerative and transformative power of your Spleen Chakra. You have a special ability to care and to heal in a very ultimate way. You could, for example, work on healing the planet. You could also express your compassion for the

masses in a way that would make a real difference.

Neptune is Retrograde

There may have been influences in your childhood that taught you that you did not have musical ability or that your perceptions were incorrect. However, the people who taught you that were under illusions themselves, and you do not need to be held back by their limitations. Believe in your own ability to listen and to be sensitive. Believe that it is safe to do so. You are responsible only for yourself, and your main relationship is with the Divine. Do not accept blame for others, but rejoice in the fact that you are safe to grow.

Chapter 11: Pluto

Pluto in Virgo:

Pluto rules your Second Chakra, in your lower abdomen. It has domain over your emotions and sexuality. Virgo, on the other hand, is a very rational sign of the mind and intellect. However, your mind would not exist if you had not been created in physical form, and your body is essential as a temporary house for your soul. Therefore it is important to recognize the importance of your emotions and sexuality for your overall health, including the evolution of your mind and soul.

Pluto in 11th house:

Pluto co-rules your Second or Spleen Chakra, along with the Moon. Its house shows you the areas of life where you express your regenerative ability and your willpower to transcend mass karma, as well as your emotions and sexuality. The key words for it are "I feel." You are able to accomplish tremendous good by working in groups and organizations. You have a transformative influence on your friends and acquaintances and vice versa. You could use astrology or occult knowledge for the benefit of many.

Chapter 12: Chiron, North Node, and the Midheaven

Chiron in Pisces:

Chiron represents the link between your individual identity and the Universal, as it is located between the inner and outer planets of the solar system. In your aura, it is related to your Heart Chakra, which is the link between your lower, physical chakras and your higher, mental ones. Pisces has already mastered the lessons of a giving heart and compassion for those most in need. Now you need to have compassion for yourself, so that you can grow and learn to give to others in new ways. Love yourself. Build good self-esteem and give yourself credit for the unconditionally loving person you are. Then you will become stronger and able to give even more.

North Node in Taurus:

Just as the ida and pingala (the channels of life energy in the left and right sides of your auric body) meet at your chakras, the Moon's path crosses over the Sun's path at your lunar nodes. Your Taurus North Node gives you special insight into how your male and female polarities can work together for your future. You will be happy to make your life comfortable and secure. Your Scorpio South Node shows that you have already mastered the lessons of having to struggle and do things in a covert manner, freeing you to have more peace and predictability from now on.

North Node in 6th house:

You are learning to enjoy the benefits of a disciplined lifestyle, such as a healthy diet, a regular work routine, and neat surroundings. You have learned from your past that limitations can be imposed by having a

parent addicted to alcohol or drugs or who always seemed to be poor, and this is not what you want for yourself. As you become healthier and move beyond these limitations, you will find your self-confidence increasing, and your relationships getting better. For this to happen, you may have to clear any toxins out of your lymph gland system and liver.

MC in Leo:

You apply your willpower towards being a successful leader in the community and a good role model for others, so that they can be inspired by the Light coming in through your Crown Chakra. You also desire a home setting where you can invite many friends over and have the stability of the earth energy coming in through your Root Chakra.